

PRACTICE SCHEDULE CHECKLIST

Month and Year:

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Theory (Chromatic, Pentatonic, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Chords (Progressions & Transitions)	mins	mins	mins	mins	mins	mins	mins	mins
Rhythm (Strumming/Fingerpicking)	mins	mins	mins	mins	mins	mins	mins	mins
Technique (Slides, Bends, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Project Piece (A full song, a solo/riff, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Self-Assessment (Find & work on weak areas)	mins	mins	mins	mins	mins	mins	mins	mins

	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	Day 15	Day 16
Theory (Chromatic, Pentatonic, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Chords (Progressions & Transitions)	mins	mins	mins	mins	mins	mins	mins	mins
Rhythm (Strumming/Fingerpicking)	mins	mins	mins	mins	mins	mins	mins	mins
Technique (Slides, Bends, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Project Piece (A full song, a solo/riff, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Self-Assessment (Find & work on weak areas)	mins	mins	mins	mins	mins	mins	mins	mins

	Day 17	Day 18	Day 19	Day 20	Day 21	Day 22	Day 23	Day 24
Theory (Chromatic, Pentatonic, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Chords (Progressions & Transitions)	mins	mins	mins	mins	mins	mins	mins	mins
Rhythm (Strumming/Fingerpicking)	mins	mins	mins	mins	mins	mins	mins	mins
Technique (Slides, Bends, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Project Piece (A full song, a solo/riff, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Self-Assessment (Find & work on weak areas)	mins	mins	mins	mins	mins	mins	mins	mins

	Day 25	Day 26	Day 27	Day 28	Day 29	Day 30	Day 31	
Theory (Chromatic, Pentatonic, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Chords (Progressions & Transitions)	mins	mins	mins	mins	mins	mins	mins	mins
Rhythm (Strumming/Fingerpicking)	mins	mins	mins	mins	mins	mins	mins	mins
Technique (Slides, Bends, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Project Piece (A full song, a solo/riff, etc.)	mins	mins	mins	mins	mins	mins	mins	mins
Self-Assessment (Find & work on weak areas)	mins	mins	mins	mins	mins	mins	mins	mins